Internet Safety For Parents

keep your family safe...

Chief Cynthia Renaud

Parents, It's up to you to create a safe and responsible online environment. Here are some tips to help you get started.

Do your homework - know how to check out sites, monitor activity, supervise instant messaging, social networking, investigate ratings, and know how to use parental controls and privacy settings.

Install and use these parental controls, and set privacy settings to help block inappropriate websites.

Set limits on when and how long your kids use the internet.

Have conversations with your children about the benefits and dangers of the Internet. Ask what they do online, what websites they visit, who they are talking to, and what they are talking about.

Set and agree upon family rules and expectations for using the Internet. Post them near the family computer as a reminder.

Keep computers in a common location in your home where you can keep an eye on your children's activity.

Teach online safety! Download our "Kids Internet Safety Tips" to get started.

Take a genuine interest in what your kids are doing and stay engaged with them online. Do the things they do such as instant messaging, Facebook, and online games so you are familiar with what is going on around them.

For more information, such as what to watch for and FAQ's, visit:

http://www.fbi.gov/stats-services/publications/parent-guide

Visit: www.folsom.ca.us/depts/police/

Search for sex offenders in your area

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